Contents of Volume 56

Number 1 (Part I), January 1998

Human Adult-Onset Lactase Decline: An Update, by Ming-Fen Lee, M.S., and Stephen D. Krasinski, Ph.D. 1
Can Cervical Dysplasia and Cancer Be Prevented with Nutrients?, by Anna R. Giuliano, Ph.D., and Susan Gapstur, Ph.D. 9
Short-Chain Fatty Acids in Ulcerative Colitis, by Young-In Kim, M.D., FRCP(C) 17
Moderate Alcohol Intake and Mortality 25
Mild Human Zinc Deficiency Produces an Imbalance Between Cell-mediated and Humoral Immunity 27
Release of Stored Retinol from Adipocytes 29
The National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health 31
Announcement 32
Calendar 32

Number 1 (Part II), January 1998

Conference on Nutrition and Immunity

Foreword, by Alex Malaspina S1
Preface, by Simin Nikbin Meydani S2
Nutrition and Immunity: From A to Z, by Gerald T. Keusch S3
Development and Basic Mechanisms of Human Gut Immunity, by Per Brandtzaeg S5
Programmed B and T Cell Development, by Kathleen L. McCoy S19
Analytical Methods for Evaluation of Immune Response in Nutrient Intervention, by Susanna Cunningham-Rundles S27
The Role of Vitamin A and Related Retinoids in Immune Function, by Richard D. Semba S38
Recent Developments in Vitamin E and Immune Response, by Simin Nikbin Meydani and Alison A. Beharka S49
Is Low Copper Status Immunosuppressive?, by Mark L. Failla and Robin G. Hopkins S59
Changes in Regulation of Lymphopoiesis and Myelopoiesis in the Zinc-Deficient Mouse, by Pam Fraker and Louis King S65
Dietary Fatty Acids and the Immune System, by Philip C. Calder S70
Protein, Calories, and Immune Defenses, by Bill Woodward S84
Functional Foods: Mechanisms of Action on Immunocompetent Cells, by Y. Delneste, A. Donnet-Hughes, and E.J. Schiffrin S93
Dietary Fat, Breast Cancer, and Nonspecific Immunity, by Kent L. Erickson S99
Environmental Influence on the Development of Childhood Immunity, by Bengt Björkstén S106
The Role of Nutrition in Immunity in the Aged, by Bruno M. Lesourd, Lynda Mazari, and M. Ferry S113
Influence of Physical Activity and Exercise on Innate Immunity, by Laurie Hoffman-Goetz S126
Immunotoxicology: Hazard Identification and Risk Assessment, by Peter T. Thomas S131
Micronutrient Status in Relationship to Mortality in HIV-1 Disease, by Marianna K. Baum and Gail Shor-Posner S135
The Influence of Antioxidant Nutrients on Viral Infection, by Melinda A. Beck S140
Impact of Nutritional Deficiencies on Resistance to Experimental Pulmonary Tuberculosis, by David N. McMurray S147
Asthma and Food Allergy, by Vanitcha Rumsaeng and Dean D. Metcalfe S153
Nutrition and Autoimmune Disease, by Gabriel Fernandes and Christopher A. Jolly S161
Insulin Resistance in Burns and Trauma, by Edward A. Carter S170
Nutrition, Immune Cells, and Atherosclerosis, by Mohsen Meydani S177
Nutrition and Immunity: Conference Recommendations, by David A. Neumann S183

Number 2 (Part I), February 1998

Lycopene: Chemistry, Biology, and Implications for Human Health and Disease, by Steven K. Clinton, M.D., Ph.D. 35

Contents of Volume 56

Number 1 (Part I), January 1998

Human Adult-Onset Lactase Decline: An Update, by Ming-Fen Lee, M.S., and Stephen D. Krasinski, Ph.D. 1
Can Cervical Dysplasia and Cancer Be Prevented with Nutrients?, by Anna R. Giuliano, Ph.D., and Susan Gapstur, Ph.D. 9
Short-Chain Fatty Acids in Ulcerative Colitis, by Young-In Kim, M.D., FRCP(C) 17
Moderate Alcohol Intake and Mortality 25
Mild Human Zinc Deficiency Produces an Imbalance Between Cell-mediated and Humoral Immunity 27
Release of Stored Retinol from Adipocytes 29
The National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health 31
Announcement 32
Calendar 32

Number 1 (Part II), January 1998

Conference on Nutrition and Immunity

Foreword, by Alex Malaspina S1
Preface, by Simin Nikbin Meydani S2
Nutrition and Immunity: From A to Z, by Gerald T. Keusch S3
Development and Basic Mechanisms of Human Gut Immunity, by Per Brandtzaeg S5
Programmed B and T Cell Development, by Kathleen L. McCoy S19
Analytical Methods for Evaluation of Immune Response in Nutrient Intervention, by Susanna Cunningham-Rundles S27
The Role of Vitamin A and Related Retinoids in Immune Function, by Richard D. Semba S38
Recent Developments in Vitamin E and Immune Response, by Simin Nikbin Meydani and Alison A. Beharka S49
Is Low Copper Status Immunosuppressive?, by Mark L. Failla and Robin G. Hopkins S59
Changes in Regulation of Lymphopoiesis and Myelopoiesis in the Zinc-Deficient Mouse, by Pam Fraker and Louis King S65
Dietary Fatty Acids and the Immune System, by Philip C. Calder S70
Protein, Calories, and Immune Defenses, by Bill Woodward S84
Functional Foods: Mechanisms of Action on Immunocompetent Cells, by Y. Delneste, A. Donnet-Hughes, and E.J. Schiffrin S93
Dietary Fat, Breast Cancer, and Nonspecific Immunity, by Kent L. Erickson S99
Environmental Influence on the Development of Childhood Immunity, by Bengt Björkstén S106
The Role of Nutrition in Immunity in the Aged, by Bruno M. Lesourd, Lynda Mazari, and M. Ferry S113
Influence of Physical Activity and Exercise on Innate Immunity, by Laurie Hoffman-Goetz S126
Immunotoxicology: Hazard Identification and Risk Assessment, by Peter T. Thomas S131
Micronutrient Status in Relationship to Mortality in HIV-1 Disease, by Marianna K. Baum and Gail Shor-Posner S135
The Influence of Antioxidant Nutrients on Viral Infection, by Melinda A. Beck S140
Impact of Nutritional Deficiencies on Resistance to Experimental Pulmonary Tuberculosis, by David N. McMurray S147
Asthma and Food Allergy, by Vanitcha Rumsaeng and Dean D. Metcalfe S153
Nutrition and Autoimmune Disease, by Gabriel Fernandes and Christopher A. Jolly S161
Insulin Resistance in Burns and Trauma, by Edward A. Carter S170
Nutrition, Immune Cells, and Atherosclerosis, by Mohsen Meydani S177
Nutrition and Immunity: Conference Recommendations, by David A. Neumann S183

Number 2 (Part I), February 1998

Lycopene: Chemistry, Biology, and Implications for Human Health and Disease, by Steven K. Clinton, M.D., Ph.D. 35

Gastrointestinal Alcohol Dehydrogenase, by Helmut K. Seitz, M.D., and Carl M. Oneta, M.D. 52
Fatty Acids Bind Directly to and Activate Peroxisome Proliferator–activated Receptors a and g 61
Erratum 63
North Carolina Food Safety Information Retrieval System 64

Number 2 (Part II), February 1998

Seventeenth Marabou Symposium
Diet and Genetic Interactions

Sterol Regulatory Element Binding Proteins (SREBPs): Controllers of Lipid Synthesis and Cellular Uptake, by Michael S. Brown, M.D., Joseph L. Goldstein, M.D. S1
Mechanisms and Functions of Vitamin D, by Hector F. DeLuca, Ph.D., and Claudia Zierold, Ph.D. S4
Iron and Gene Expression: Molecular Mechanisms Regulating Cellular Iron Homeostasis, by Lukas C. Kühn, Ph.D. S11
Fatty Acids in Control of Gene Expression, by Jan-Åke Gustafsson, M.D., Ph.D. S20
Vitamin D Polymorphisms and Calcium Homeostasis: A New Concept of Normal Gene Variants and Physiologic Variation, by John A. Eisman, M.B., B.S., Ph.D., F.R.A.C.P. S22
Hemochromatosis and Iron Needs, by June W. Halliday, A.M., B.Sc.(Hons), Ph.D. S30
Leptin, Leptin Receptors, and the Control of Body Weight, by Jeffrey M. Friedman, M.D., Ph.D. S38
The Implications of Genetic Diversity for Nutrient Requirements: The Case of Folate, by Irwin H. Rosenberg, M.D., and Leon E. Rosenberg, M.D. S47
Discussion, Philip James, D.Sc., *Moderator* S54
Participants S76
Marabou Symposia S78

Number 3, March 1998

Diet, Activity, and Other Health-related Behaviors in College-Age Women, by Kristy M. Hendricks, Sc.D., R.D., and Nancie H. Herbold, Ed.D., R.D. 65
On the Methods for Studying the Mechanisms and Bioavailability of Iron, by Gladys Oluyemisi Latunde-Dada, Ph.D., Maria de Lourdes Pires Bianchi, Ph.D., and Jose Eduardo Dutra de Oliveira, M.D., Ph.D. 76
Amyotrophic Lateral Sclerosis: A Lesson in Deficiency Diseases 81
The Cloning and Characterization of a Novel Cytochrome P450 Family, CYP26, with Specificity Toward Retinoic Acid 84
Inhibition of Cellular Uptake of Folate by Blocking Synthesis of the Membrane Folate Receptor 86
Identification of Nramp2 as an Iron Transport Protein: Another Piece of the Intestinal Iron Absorption Puzzle 88
Announcements 90
Calendar 91

Number 4 (Part I), April 1998

Dietary Nitrates, Nitrites, and N-Nitroso Compounds and Cancer Risk: A Review of the Epidemiologic Evidence, by Monika Eichholzer, M.D., M.Sc., M.Sc., and Felix Gutzwiller, M.D., Dr.P.H. 95
The Obesity Epidemic Is a Worldwide Phenomenon, by Barry M. Popkin, Ph.D., and Colleen M. Doak, M.A. 106
The State of the World's Children 1998: A UNICEF Report 115
Malnutrition: Causes, Consequences, and Solutions/Calcium Requirements of Breast-feeding Mothers 124
Broccoli Sprouts in Cancer Prevention 127
Calendar 131

Number 4 (Part II), April 1998

Recommended Dietary Allowances in the Southeast Asian Region: Scientific Basis and Future Direction

Opening Address, by Sian Lian Lam S1
International Perspective: Basis, Need, and Application of Recommended Dietary Allowances, by Paul A. Lachance S2
Process and Development of Dietary Reference Intakes: Basis, Need, and Application of Recommended Dietary Allowances, by Allison A. Yates S5
Current Status of Recommended Dietary Allowances in Southeast Asia: A Regional Overview, by E-Siong Tee S10
Indonesian Recommended Dietary Allowances, by Muhilal S19
Philippine Recommended Dietary Allowances: Recent Developments and Future Plans, by Ma. Isabel Z. Cabrera S21
Development of Vietnamese Recommended Dietary Allowances and Their Use for the National Plan of Action for Nutrition, by Do Thi Kim Lien, Tu Giay, and Ha Huy Khoi S25
Overview of Key Nutrients: Energy and Macronutrient Aspects, by Allison A. Yates S29
Overview of Key Nutrients: Micronutrient Aspects, by Paul A. Lachance S34
Recommended Dietary Allowances: Regulatory Perspectives, by Rodolfo F. Florentino S40
Recommended Dietary Allowances: The Industry Perspective, by Marilyn D. Schorin S45
Recommended Dietary Allowances: A Nutrition Practitioner's Perspective, by Anna Jacob S48
Harmonization of Recommended Dietary Allowances: Implications and Approach, by Biplab K. Nandi S53
Panel Discussions: The Scientific Basis for RDAs S57
Identifying Research Needs and Setting Future Directions S58

Number 5 (Part I), May 1998

Diagnostic Utility of Serum Transferrin Receptors Measurement in Assessing Iron Status, by Namanjeet Ahluwalia, M.S., Ph.D. 133
The Effect of Minor Constituents of Olive Oil on Cardiovascular Disease: New Findings, by Francesco Visioli, Ph.D., and Claudio Galli, M.D. 142
Combined Calcium and Vitamin D Supplementation Reduces Bone Loss and Fracture Incidence in Older Men and Women 148
Potassium and Hypertension 151
Predicting Obesity in Children 154
Transport of Retinoids by the Interphotoreceptor Retinoid-binding Protein 156
Erratum 158
OncoLink 159
Announcements 160
Calendar 161

Number 5 (Part II), May 1998

The Role of Fat-modified Foods in Dietary Change: A Tufts University Dialogue Conference

Foreword S1
Dietary Fat Consumption and Health, by Alice H. Lichtenstein, DSc, Eileen Kennedy, DSc, Phyllis Barrier, MS, RD, CDE, Darla Danford, DSc, Nancy D. Ernst, PhD, RD, Scott M. Grundy, MD, PhD, Gilbert A. Leveille, PhD, Linda Van Horn, PhD, RD, Christine L. Williams, MD, and Sarah L. Booth, PhD S3
Discussion S19
Physiology of Fat Replacement and Fat Reduction: Effects of Dietary Fat and Fat Substitutes on Energy Regulation, by Susan B. Roberts, PhD, F. Xavier Pi-Sunyer, MD, Mark Dreher, PhD, Robert Hahn, JD, MPH, James O. Hill, PhD, Ronald E. Kleinman, MD, John C. Peters, PhD, Eric Ravussin, PhD, Barbara J. Rolls, PhD, Elizabeth Yetley, PhD, and Sarah L. Booth, PhD S29

Discussion S41
Behavioral and Social Influences on Food Choice, by Marion Nestle, PhD, MPH, Rena Wing, PhD, Leann Birch, PhD, Lorelei DiSogra, PhD, Adam Drewnowski, PhD, Suzette Middleton, PhD, Madeleine Sigman-Grant, PhD, RD, Jeffery Sobal, PhD, Mary Winston, PhD, and Christina Economos, PhD S50
Discussion S64
Educating Consumers Regarding Choices for Fat Reduction, by Donna Porter, PhD, RD, Penny Kris-Etherton, PhD, RD, Susan Borra, RD, Mary Christ-Erwin, John Foreyt, PhD, Jeanne Goldberg, PhD, RD, Lyn O'Brien Nabors, Nancy Schwartz, PhD, RD, Christine Lewis, PhD, RD, William Layden, MS, and Christina Economos, PhD S75
Discussion S92
Recommendations: What Needs to Be Done?: Summary of the conference participants' small-group discussions .. S101
Participants S103

Number 6, June 1998

Refusal to Eat in the Elderly, by Esther-Lee Marcus, M.D., and Elliot M. Berry, M.D., FRCP 163
Orexins: A Newly Discovered Family of Hypothalamic Regulators of Food Intake 172
Interaction of Chromium with Insulin: A Progress Report 174
Fish Consumption and Risk of Sudden Cardiac Death 177
Underreporting of Energy Intake, Socioeconomic Status, and Expression of Nutrient Intake 179
High-Fat Meals and Endothelial Function 182
Uncoupling Proteins: Beyond Brown Adipose Tissue 185
Health Canada Nutrition 189
Announcement 190
Calendar 191

Number 7, July 1998

Isoflavones, Soy-based Infant Formulas, and Relevance to Endocrine Function, by Karen Oerter Klein, M.D. 193
Early Flavor Experiences: Research Update, by Julie A. Mennella, Ph.D., and Gary K. Beauchamp, Ph.D. 205
Individual Variability in Homocysteine Response to Folate Depletion: An Unusual Case, by Robert A. Jacob, Ph.D. 212
The Food Stamp Program and Low-Income Legal Immigrants, by John T. Cook, Ph.D. 218

Number 8, August 1998

The Vitamin K–dependent Proteins: An Update, by Guylaine Ferland, Ph.D. 223
Soy Protein and Cardiovascular Disease: The Impact of Bioactive Components in Soy, by Susan M. Potter, Ph.D. ... 231
Open or Closed? A World of Difference: A History of Homocysteine Research
T.K.A.B. Eskes, M.D., Ph.D., F.R.C.O.G., F.A.C.O.G. (hon). 236
Comparable Efficacy of Hydrogenated Versus Nonhydrogenated Plant Sterol Esters on Circulating Cholesterol Levels in Humans 245
Assessing the Changing Diet of Indigenous Peoples 248
Dietary Fat, *Trans* Fatty Acids, and Risk of Coronary Heart Disease 250
Announcement 253
Calendar 254

Number 9, September 1998

Prooxidant Actions of Carotenoids in Biologic Systems, by Paola Palozza, M.D. 257
Effects of Chromium on Body Composition and Weight Loss, by Richard A. Anderson, Ph.D., C.N.S. 266

Agouti/Melanocortin Interactions with Leptin Pathways in Obesity 271
Diet, Lifestyle, and Colorectal Cancer: Is Hyperinsulinemia the Missing Link? 275
Slow-Release Iodine in Local Water Supplies Reverses Iodine Deficiency Disorders: Is It Worth Its Salt? 280
Underexploited African Grain Crops: A Nutritional Resource, by Jed W. Fahey, M.S. 282

Number 10, October 1998

Pyrroloquinoline Quinone: A Novel Vitamin? , by Amy Bishop, Ph.D., Paul M. Gallop, Ph.D., and Manfred L. Karnovsky, Ph.D. 287
Dietary Reference Intakes for Folate: The Debut of Dietary Folate Equivalents, by Lynn B. Bailey, Ph.D. 294
Waist Circumference: A Useful Index in Clinical Care and Health Promotion 300
Is Chromium Supplementation Effective in Managing Type II Diabetes? 302
Lactose Intolerance and Irritable Bowel Syndrome 306
Plant Sources of Vitamin A and Human Nutrition: Red Palm Oil Does the Job 309
Dietary Sodium Intake and Mortality 311
Calendar 314

Number 11, November 1998

Polyphenols: Chemistry, Dietary Sources, Metabolism, and Nutritional Significance, by Laura Bravo, Ph.D. 317
Vitamin C Nutriture and Risk of Atherosclerotic Heart Disease 334
Dietary Protein Supplementation and Recovery from Femoral Fracture 337
Nonpharmacologic Interventions Successfully Treat Hypertension in Older Persons 341
Calendar 344
Announcement 345

Number 12, December 1998

Energy Density, Palatability, and Satiety: Implications for Weight Control, by Adam Drewnowski, Ph.D. 347
Vitamin A Functions in the Regulation of the Dopaminergic System in the Brain and Pituitary Gland 354
Interaction of the Hemochromatosis Gene Product HFE with Transferrin Receptor Modulates Cellular Iron Metabolism 356
Subject Index to Volume 56 359
Author Index to Volume 56 374
Contents of Volume 56 376